

ADDICTION IN WOMEN:

Building Motivation for Change

Satellite Conference

Wednesday, May 4, 2005

2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

One challenge health care providers face can be working with women for whom alcohol or other drug [AOD] use has become problematic. Denial and minimization are core characteristics of problem use, and can make AOD assessment and intervention difficult. Literature on behavior change suggests that working with clients—even in denial-toward change is a reasonable goal.

Using a counseling model based on Motivational Interviewing, the workshop will explore strategies for building readiness to change. The concepts of Motivational Interviewing will be explored, and skills for initial AOD assessment and intervention will be discussed. An examination of factors that contribute to readiness and strategies to promote these will be discussed. Finally, ways to address educational and information needs in a client-centered manner will be explored.

Faculty:

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Objectives:

1. Name three essential listening skills in AOD assessment.
2. Identify at least four barriers to behavior change.
3. List at least three suggestions for offering feedback and health information to patients.

Conference Details:

Target Audience: Nurses, social workers, educators, counselors and others who work in a clinic or community setting.

CEUs: Nurses and social workers (pending).

Registration: www.adph.org/alphtn Cost: No cost to view.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands. You will need a satellite downlink system to view this program.

Webcast Information: This program will be available as an on-demand webcast approximately two days after the live satellite broadcast. To access this webcast, www.adph.org/alphtn (click On-Demand Webcasts).

Conference Materials: Posted on website approximately one week before the program.

Questions: alphtn@adph.state.al.us or 334-206-5618.

If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Email: alphtn@adph.state.al.us

Fax: 334-206-5640

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